



The Learning Exchange© Presents

Exploring Core Passion, Purpose & Possibility

– *What Is It You Intend to Do (With “This One Wild and Precious Life” —Mary Oliver)*

Presented by



Trudy Canine

Date:

Friday, February 8, 2008 / 10 am - 12 pm Lexus of Maplewood

(Please arrive no later than 9:45 am, please drive to Service building located across the street from Main Lexus store located at the intersection of Hwy 61 and County Road D; Address is 1245 County Road D East)

Thursday, February 14, 2008 / 10 am- 12 pm *Lexus of Wayzata*

(Please arrive no later than 9:45 am, valet parking available; please park in front of entrance of Lexus store located at 16100 Wayzata Blvd)

The Learning Exchange© is a collaboration that provides learning and networking opportunities to individuals and businesses. In the February 2008 Trudy Canine will provide participants with information on:

Exploring Core Passion, Purpose & Possibility

– *What Is It You Intend to Do (With “This One Wild and Precious Life” —Mary Oliver)*

You are distinctive, one-of-a-kind, unable to be reproduced in a precisely identical way. So who are you? Why are you here? Is what you are doing what you are *really* supposed to be doing—does it align with your purpose, your calling? In what ways is your “inner you” connected to your “outer world?” How does your current work or family life link to your passion? What ignites your passion and electrifies your energy?

Trudy Canine will lead you in discovering your core passions, the inner power sources that propel you. Passion is the fuel that sparks your ideas and builds good energy. Learning about core passions, tuning into your gifts and challenges helps you to discover the inner triggers that guide your thoughts... your choices... your behaviors.

Core passions stimulate you to do what you do. As you follow the thread of core passions in your life back to youth and adolescence, you may understand that these driving forces have always been present. Most major decisions in your life were likely based upon these deep inner motivators. You were either in the gift or the challenge of your Code of Core Passions. As you put words to these Codes, as you discover your unique Profile of Core Passion, you will better understand your relationship with yourself in a way that may even inspire a new personal or professional vision with compelling possibilities. You can explore paths for redefining yourself or your life.

When you are in alignment with your Core Passions, things flow. Join us for an interactive session that connects you with your Core Passions and serves as a foundation for helping you discover meaning and purpose. What more might be possible for you in this lifetime?

Trudy Canine, Biography

Trudy Canine, www.pathfinderplus.com, is a certified career management practitioner and executive coach.

Trudy is a recipient of the Marty Dockman award from the Minnesota Career Development Association for her contributions to the field of career development. She was named Entrepreneur of the Year by the National Association of Women Sales Professionals. Trudy has served on the Boards of the Twin Cities Human Resources Association, the Minnesota Career Development Association and Human Resources Professionals. Trudy was selected as a University of Minnesota Purpose Project Guild Member by Richard Leider in 2006.

She is a frequent speaker on the topics of leadership development, coaching, appreciative inquiry, career management and outplacement and has been an invited guest for WCCO and KTLK radio talk shows. Trudy co-created and co-led a pre-conference workshop on Appreciative Inquiry in Coaching for the second International Appreciative Inquiry (AI) conference in Miami. Recognized nationally as an accomplished executive coach, Trudy was selected as guest co-editor of the May, 2007, issue of the AI Practitioner (published in London, England) featuring, "*Appreciative Inquiry and Coaching: Exploration and Learnings*". Her work on facilitating strategic planning workshops has also been published in this journal.

Named a wholehearted leader in Dr. Bruce Roselle's book, *Vital Truths for Wholehearted Leadership*, Trudy is recognized by clients and colleagues as a respected coach who practices with grace, compassion, and thought-provoking inquiry.

Registration: Free

**RSVP your contact information and which date you will attend to:
LearningExchange@Villageautomotivegroup.com**